Bastow & Chye
CompleteDental

AirGUARD offers up to ***30% more protection*** than
Other mouthguards currently on the market*
(Australian Dental Journal 1997;42 (3): 189-91)

Boil and bite instructions

- Heat mouthguard in just boiled water for 15 seconds
- Remove with utensil and shake off water
- Insert in mouth over upper teeth and bite gently
- **Do not bite through mouthguard**
- Mould mouthguard using fingers around teeth & especially under lip
- Mould onto roof of mouth with gentle sucking pressure with tongue
- Stabilise mouthguard by placing in cold water
- Repeat procedure if needed to improve adaption
- Mouthguard length can be reduced by trimming with scissors
- **Do not cut into aircells**
- Keep your mouthguard clean with cold water and soap
- Store in a cool place

Remember this is only an interim mouthguard to be used when you have braces

WYNNUM WEST Shop 14 Randall Road, Brisbane QLD 4178
LOTA 99 Whites Road, Brisbane QLD 4179
TELEPHONE (07) 3396 4094 FAX: (07) 3396 9404 EMAIL: info@completedentalwynnum.com.au
WEBSITE www.completedentalwynnum.com.au