Bastow & Chye
CompleteDental

IMMEDIATE DENTURES INSTRUCTIONS

Dear.....

As you have just had a minor oral surgical procedure and a denture inset, I would like you to follow these instructions:

1. Keep pressure on denture for 30 minutes by biting on the gauze provided.

2. If bleeding occurs, apply pressure to denture again.

3. Do not rinse for two hours. Then use warm salt water (half a teaspoon of salt in half a glass of warm water).

4. Do not disturb denture for the first 24 hours.

5. If the bleeding continues, remove the denture and apply direct pressure to the socket with the gauze provided.

6. Take analgesics and antibiotics if instructed.

7. Rest for a few hours, but you do not have to lie down.

8. Strenuous exercise is best avoided for the rest of the day.

9. Avoid HOT drinks, alcohol, smoking, hard chewy foods for 24 hours. Choose cool drinks and minced soft foods.

10. If in doubt, please phone us on 3396 4094 or RING 000/present to a hospital after hours.

WYNNUM WEST Shop 14 Randall Road, Brisbane QLD 4178
LOTA 99 Whites Road, Brisbane QLD 4179
TELEPHONE (07) 3396 4094 FAX: (07) 3396 9404 EMAIL: info@completedentalwynnum.com.au
WEBSITE www.completedentalwynnum.com.au