Bastow & Chye
CompleteDental

# Pre-Operative Instructions for Implants

Take the prescribed medication: When filling the script at the chemist please also get some Vitamin C tablets and a box of Nurofen tablets (48).

- **Vitamin C: 1500mg per day starting 5 days prior to your surgery** and continuing until your treatment has been completed (suture removal).
- **Nurofen: 3 tablets with meals starting at breakfast the day before surgery** and continuing for 2 days after surgery.
- **Amoxil: 2 capsules Amoxil 500mg with breakfast on the day before surgery and 1 capsule at lunch time and 1capsule at dinner time**. This is followed by 1 capsule Amoxil three times daily to finish the course (20 capsules).
- **Panadol:** 1 to 2 tablets every 6 hours, do not exceed 8 a day. (Do not take aspirin for 7 days as this may disturb blood clot formation).

Use the prescribed mouthwash twice daily 1 cap full 30 seconds – do not use a manual or electric toothbrush in the area of the surgery until directed by me.

From the day after surgery, warm saline rinses will increase mouth comfort. Dissolve a teaspoon of salt in ½ a glass of warm water and gently rinse.

If you have a denture over the implant site this should be worn as little as possible for the first two weeks of healing and a soft high nutritional diet is recommended – you can take vitamins to supplement your diet.

If you have any queries or problems, contact my office or me immediately.

Refrain from smoking. You will benefit greatly if you use nicotine patches or substitutes for one week prior and three weeks post operatively.

- It is of upmost importance to attend your 6 monthly check up and clean appointments, to check on the health of the Implant.

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